

DIY SEWING KIT

Make your own SCRUNCHIE

HAND OR MACHINE SEWING



CREATION MILL

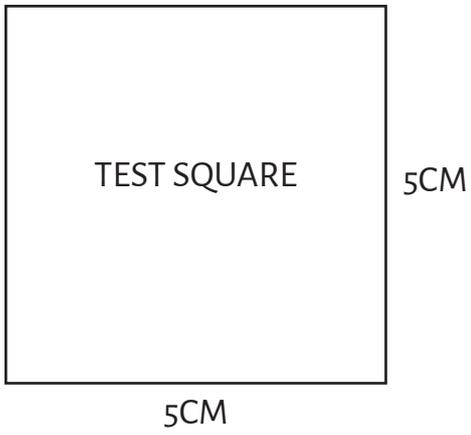
MATERIALS

You'll need:



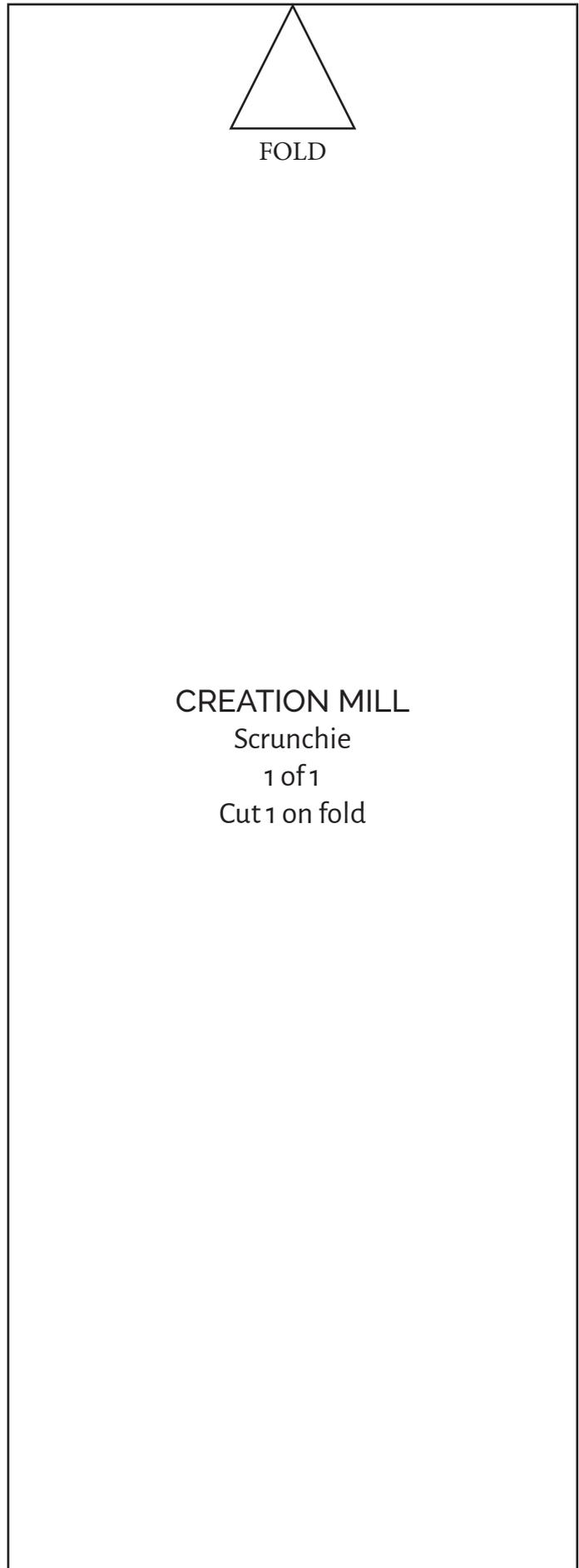
1. Paper pattern printed on A4 paper
2. A needle and thread or a sewing machine
3. Pins
4. Safety pin
5. Instructions
6. 55cm X 10cm piece of fabric
7. 22cm of elastic
8. Paper scissors
9. Fabric scissors
10. An iron and ironing board





Print this page onto A4 paper, selecting the 'original size' or 'actual size' option.

Measure the test square to make sure the size is right.



INSTRUCTIONS

You can either hand or machine sew this project. If you're hand sewing make sure to secure the start and end of each line of stitching with a knot or anchor stitch. If you're using a machine, secure with a backtack.



STEP 1

Carefully cut out your pattern piece using paper scissors.

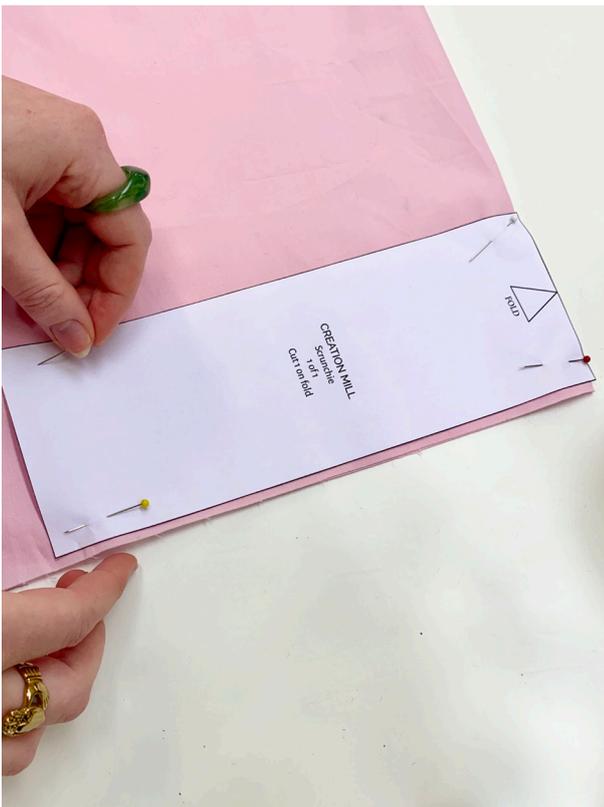


STEP 2

Fold your fabric and place the pattern up against the fold.



INSTRUCTIONS



STEP 3

Pin the pattern in place, making sure it's straight.



STEP 4

Cut around the pattern with fabric scissors, cutting through both layers of fabric.



INSTRUCTIONS



STEP 5

Take out the pins. You should now have one long strip of fabric.

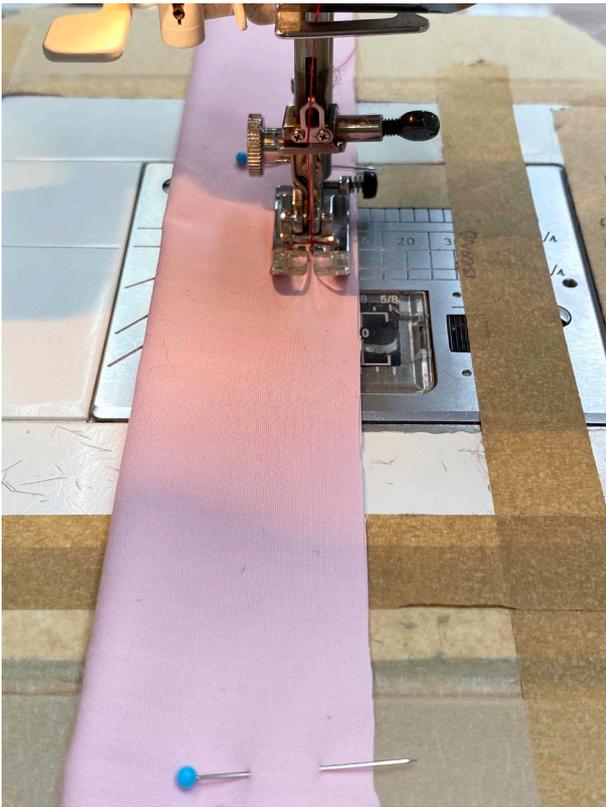


STEP 6

Fold the fabric in half lengthways, right sides together and pin along the edge.



INSTRUCTIONS



STEP 7

Sew the long edge with a 1cm seam allowance, leaving about 5cm open at each end.



STEP 8

Turn the fabric through to the right side.



INSTRUCTIONS



STEP 9

Iron the piece flat.



STEP 10

It should now look like this!



INSTRUCTIONS



STEP 11

Pin the two short ends together,
right sides together.



STEP 12

Sew the short ends together
with a 1cm seam allowance.



INSTRUCTIONS



STEP 13

Press the seam open.



STEP 14

Cut a 25cm piece of elastic.

Pierce the safety pin through one end of the elastic and close the pin.



INSTRUCTIONS



STEP 15

Push the safety pin into the scrunchie and feed it all the way around until you reach the starting point again.

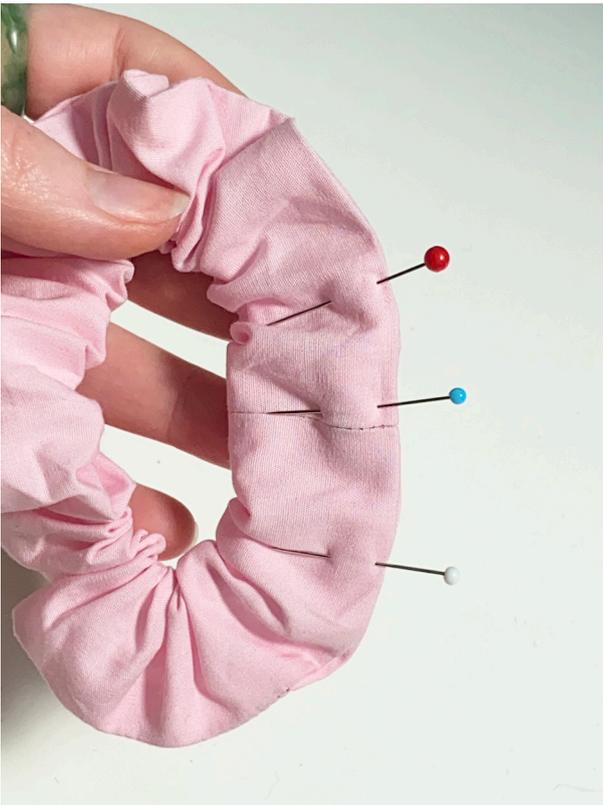


STEP 16

Hold both ends of the elastic together and tie a tight knot.

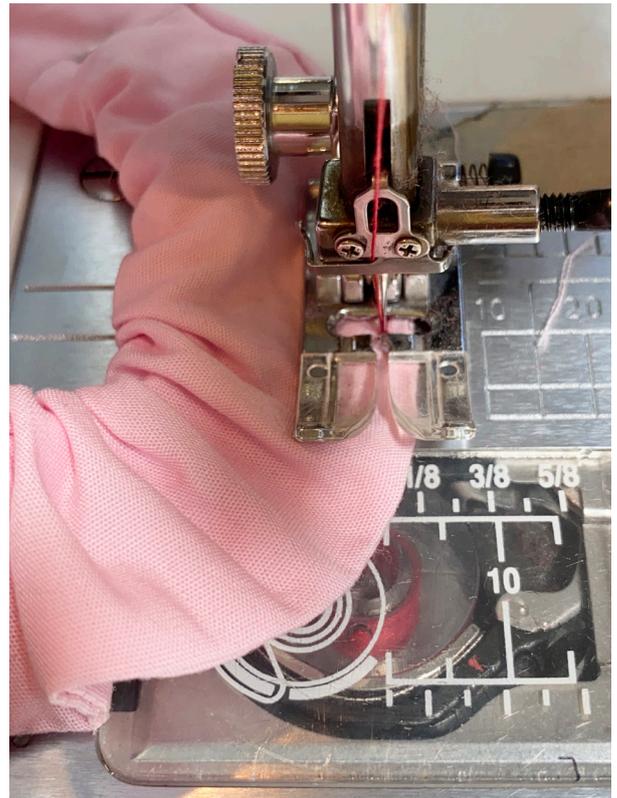


INSTRUCTIONS



STEP 17

Hide the ends of the elastic inside the scrunchie and pin the gap closed, folding the raw edges of the fabric inwards.



STEP 18

Topstitch the gap closed, sewing close to the edge of the scrunchie.



INSTRUCTIONS



You now have your very own homemade scrunchie!

You can keep the paper pattern and use these instructions to make more from scraps of fabric you have at home.

10 of 10



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